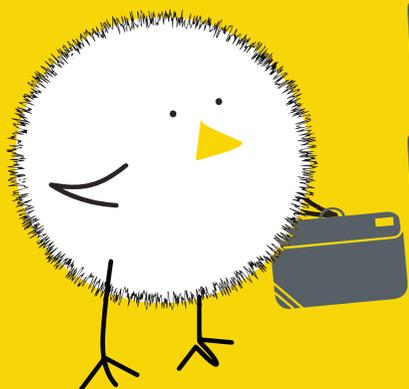


EARLYBIRD



PLUS PROGRAM

A three-month program for parents/carers
of young children [4-8 years]
on the autism spectrum and for the
professionals supporting them

What is the EarlyBird Plus program?

The EarlyBird Plus program, developed by the National Autistic Society in England, empowers and supports parents and carers of children between the ages of four and eight years with a diagnosis of autism.

This program does not replace the EarlyBird program for children under five but offers support for families whose child receives a later diagnosis.

EarlyBird Plus is an evidence based three-month training program combining group learning sessions with individual home visits. Families meet and work with other families and professionals, learning from and supporting each other.



Who can attend the program?

EarlyBird Plus is for parents, other carers and professionals who are closely involved with the child. Three places are allocated to each family; two for parents/carers and one for a professional who is currently working with their child. We work with six families at a time.

When and where are the sessions held?

The eight group sessions are held locally on the same day each week. Each session lasts two and a half hours. The two home visits usually take one hour each. A six-month follow-up session is part of the program.

Who runs the program?

The program is run by two facilitators with experience and understanding of the autism spectrum.

EarlyBird Plus facilitators are trained by the National Autistic Society EarlyBird Centre in South Yorkshire, England.

What are the aims of the program?

- To empower parents/carers
- To encourage a consistent approach between home and school by training parents and professionals together

What will we learn about?

The EarlyBird Plus approach will help you to:

- understand your child's autism
- structure interactions to develop communication
- develop strategies to pre-empt problem behaviours and/or manage those which do occur



Toolkids



Empowered parents make the difference

How can I find out more?

Before the program begins, families are invited to an Information Session to find out what is involved and to meet other families and the EarlyBird Plus facilitators. Interested families can then complete an application form.



For more information, please email hello@toolkids.com.au

or contact:

Jen jen@toolkids.com.au 0412 415 009

Bernadette bernadette@toolkids.com.au 0433 233 036

Visit www.toolkids.com.au and check our calendar to find out when the next information session will be held.

ToolKids, based in the Sydney metro area, supports parents of children with autism.

Note: The National Autistic Society is the UK's leading charity for people living with autism.

