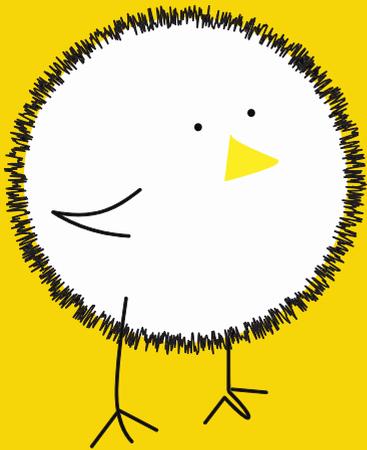


EARLYBIRD PROGRAM



A three month program for
parents/carers of children under five
on the autism spectrum

What is the EarlyBird program?

The EarlyBird program, developed by the National Autistic Society in England, empowers and supports parents and carers of children under 5 with a diagnosis of autism.

EarlyBird is a three-month evidence based parent program combining group learning sessions with individual home visits, where video feedback is used to help parents to combine theory with practice.

Families meet and work with other families, learning from and supporting each other.

This early intervention program offers parents hope and support to help their child reach their full potential.



Who can attend the program?

EarlyBird is for parents and other carers who are closely involved with the child. Two places are allocated to each family and we work with six families at a time.

When and where are the sessions held?

The eight group sessions are held locally on the same day each week. Each session lasts two and a half hours. The four home visits usually take one hour each.

Who runs the program?

The program is run by two facilitators with experience and understanding of the autism spectrum. EarlyBird facilitators are trained by the National Autistic Society EarlyBird Centre in South Yorkshire, England.

What are the aims of the program?

- To empower parents/carers
- To support families in the period between diagnosis and starting school
- To help establish good practice in the very important early years of development



What will we learn about?

The EarlyBird approach will help you to:

- understand your child's autism
- structure interactions to develop communication
- develop strategies to pre-empt problem behaviours and/or manage those which do occur

Toolkids



Empowered parents make the difference

What do families say about EarlyBird?

“ I loved the relaxed and supportive learning environment and the opportunity to meet with other parents. I am feeling very encouraged going forward.”

“ Being able to participate in the program together is so valuable. We both got so much out of it and are now able to come up with strategies together. It was definitely an investment but it is paying off and we don't know where we would have been without it.”

How can I find out more?

Before the program begins, families are invited to an Information Session to find out what is involved and to meet other families and the EarlyBird facilitators. Interested families can then complete an application form.



For more information, please email hello@toolkids.com.au

or contact:

Jen jen@toolkids.com.au 0412 415 009

Bernadette bernadette@toolkids.com.au 0433 233 036

Visit www.toolkids.com.au and check our calendar to find out when the next information session will be held.

ToolKids, based in the Sydney metro area, supports parents of children with autism.

Note: The National Autistic Society is the UK's leading charity for people living with autism.

